

LAC Suicide Prevention Network



Next Meeting: Friday, June 14, 2019 at the California Endowment

For questions email info@LASuicidepreventionnetwork.org

Notes and Action Items from March 22, 2019 Mtg

Discussion Question: Social Media and Suicide- what do we know and what can we do?

Members engaged in a discussion around social media and suicide prevention. Some of our collective thoughts included:

- The importance of educating parents
- Someone shared information about a documentary produced by Indie Flix Foundation called "Like" that talks to parents about social media.
- We discussed the tragedy of having websites available that provide instructions for how to kill yourself. Members suggested a need to work with organizations such as google to restrict access to these sites. It was also mentioned that google has done quite a bit of work to have prevention messages appear at the top for anyone searching for ways to kill themselves, promoting the National Suicide Prevention Lifeline.
- Someone mentioned that the Mathew Silverman Foundation is potentially working on a project related to social media, google and suicide prevention and Michelle Carlson volunteered to follow-up on this. Members also shared that the National Lifeline is working on issues related to this.
- Questions were raised if there are studies that show the impact of peer to peer programs on reducing suicide.

Workgroup Updates

Messaging, Media and Communications Workgroup:

- Stan Collins provided an update on the two half day workshops on Working with the Media that were hosted at the California Endowment on February 5th, 2019. Approximately 50 people attended each workshop. In addition, this workgroup is working on identifying a small speakers bureau to respond to media requests for interviews, reviewing LA media coverage on suicide, and creating an outreach plan to promote safe messaging to local journalism students, PIOs, media outlets, and others as appropriate.

- Currently information about the LASPN can be found within the DMH website: www.LASuicidePreventionNetwork.org. The workgroup is in the process of creating a stand-alone website for the network and will share draft designs with members via email.
- This workgroup meets the first Tuesday of every month, in person or by conference call. The next meeting is scheduled on May 7th from 11 am to 12.30 at DMH. To get involved with this workgroup email info@LASuicidepreventionnetwork.org

Summit Planning Workgroup:

- This 9th annual summit is scheduled for September 25th and 26th. The theme is: Finding Your Role in Supporting Military, Veterans and Their Families. The second day of the summit will be focused on education (K-12).
- Sandri Kramer provided an overview of the suggested theme and program. Members were encouraged to think about and suggest speakers for the education-focused day of the summit.
- The next meeting is scheduled on May 7th from 1 pm to 2.30 pm at DMH. To get involved email info@LASuicidepreventionnetwork.org

Data and Strategic Planning:

- Jana Sczersputowski (consultant to DMH) provided an overview of the strategic planning approach and model. She explained that the approach incorporates the ecological model and looks at interventions along the suicidal crisis path (developed by Dr. DeQuincy published in the Fresno Cares Suicide Prevention Strategic Plan). The Suicidal Crisis Path is a model that intends to integrate multiple theoretical approaches and frameworks within the context of an individual's suicidal experience. In doing so, the purpose is to match intervention approaches with the timing, risk factors, and protective factors that would be the mechanism to prevent a suicide from happening.
- The data workgroup is currently working on identifying data sources to describe the problem of deaths, attempts and ideation across the lifespan and different demographics.

Youth and Schools:

- Rosio Pedroso (consultant to DMH) presented an overview of suicide attempt data among youth ages 0-18 available for 2014 and youth ideation data from the Healthy Kids survey for 2017/18 for participating districts. In addition, LACOE is currently fielding a baseline survey to identify districts' implementation of AB 2246.
- These findings are still being finalized and a final data brief will be shared with the LASPN when finalized.

- The youth and schools workgroup is hosting a special workgroup meeting on April 9th to review data, set objectives and review existing programs and resources.
- This workgroup regularly meets on the first Monday of every month from 11am to 1pm at LACOE. To get involved email info@LASuicidePreventionNetwork.org

SPN Member Spotlight: Presentation by Teen Line

Michelle Carlson and Cheryl Eskin presented an overview of Teen Line, including data on the number of calls received as well as the various programs and services offered. Please refer to the slides provided.

- To learn more you can visit <https://teenlineonline.org/> or email Cheryl Eskin at cheryleskin@gmail.com.

Other Updates

- Traute Winters (AFSP) provided a policy update from AFSP. (Shared via email)
- Devin Saragosa-Harris from the Directing Change Program and Film Contest (a youth mental health promotion and suicide prevention program) shared that a larger number of LA County films were received by the March 1 deadline and encouraged LASPN members to RSVP for the red carpet award ceremony and screening on May 21 at the Theatre at the Ace Hotel: <http://www.directingchange.ca.org/2019-award-ceremony/>

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New location! California Endowment, Catalina Room