# **LAC Suicide Prevention Network**



2019 Summit Dates: Sept 25 and Sept 26

Next planning meeting: September 3, 1pm to 2.30pm Conference Call

For questions email <u>info@LAsuicidepreventionnetwork.org</u>

# Notes and Action Items August 20, 2019 Meeting

## **Summit Program Flyers and Printed Programs**

- The one -page flyer will be distributed electronically and the 6-page program will be printed and provided to participants at the event.
- We reviewed the four draft documents and Jana will make recommended edits.
- CE/CEUs are in progress
- Planning committee member's logos will be added to the long program.

#### **Promotion**

- We discussed the merits of combining both days into one EventBrite or creating two separate invitations. We decided on two separate invitations.
- We will open up 180 seats immediately and hold back 120.
- Guest speakers and resource table volunteers will have to register
- Planning committee members can attend both days and are asked to volunteer
- We will send a priority invitation to register to the Mayor's Challenge and provide them with 48 hours to register before we open registration to LASPN listserve and others.

### **Self Care**

- Coloring books, foam and pencils have been ordered
- Sandri will follow-u on a lead for massages. We discussed offering these from 7am to 8am to encourage people to arrive early.
- A self-care tip sheet has been created
- Therapy Dogs- Sandri is following up. Tracie confirmed with the Endowment that the dogs are able to come as long as they were their service vest. A room is available.
- We need to discuss the self care raffle prize at the next meeting!

### **Resource Tables**

We discussed inviting the following organizations to host a resource table. For the Education Day, organizations will have an opportunity to submit a short 60 to 90 second video that we can feature on the website and in the program.

Veteran/Military Day 1: Robert and Sandri to reach out to Mayor's Challenge listserv and national orgs

- AFSP
- U.S.VETS

Education Day 2: Cheryl confirmed the following organizations

- Teen Line
- Parks After Dark
- Directing Change/EMM
- NAMI (NAMI on Campus)
- AFSP
- PSP/DMH
- LASPN
- Didi Hirsch
- UCLA/VA Veteran Family Wellness Center (VFWC)
- Stop Gun Violence

## Pending:

- Schields for Families
- Gay and Lesbian Center
- Trevor Project
- TEAL
- Painted Brain
- Inside Out Writers

**Participants:** Robert Stohr (U.S. VETS), Cheryl Eskin (Teen Line), Tracie Andrews (DMH), Sandri Kramer (Didi Hirsch), Brian McInerney (UCLA), Daphne Quick-Abdullah (DMH), Patricia Speelman (Didi Hirsch), Stan Collins, Nelly Arias (DMH), Franklyn Romero (DMH), Jana Sczersputowski (YSM)