

# LAC Suicide Prevention Network



## Schools and Youth Workgroup

**Next Meeting: Monday, February 4th 11:00am-1:00pm**

**For questions email [info@LASuicidepreventionnetwork.org](mailto:info@LASuicidepreventionnetwork.org)**

## Notes and Action Items January 7, 2019 Mtg

### Attendees:

- LA County Department of Mental Health – Prevention Services: Tracie Andrews, Carolyn Kaneko
  - Consultants: Laurel Bear, Stan Collins, Jana Sczersputowski
- LA County Department of Education: Dotti Ysais, Arlene Bates, Susan Chaides, Rich Lieberman, Michael Shannon, Gerald Grant
- Other Attendees: Michelle Carlson (TeenLine), Devin Saragosa-Harris (Directing Change), Olivia Perea (LA County Parks and Recreation), Stephanie Murray (Whittier USD, ICAN)

### Presentation: Each Mind Matters, Strategic Planning for Suicide Prevention

- Jana Sczersputowski presented a brief overview of the process that will be used to create a strategic plan for suicide prevention in Los Angeles County, utilizing the Suicide Prevention Resource Center's (SPRC) [Comprehensive Approach to Suicide Prevention](#).
- It was noted that the efforts of this workgroup will help inform the larger efforts of the LASPN and the creation of a county-wide strategic plan for suicide prevention.
  - The Youth/Schools Workgroup will be responsible for development of the youth section of the county-wide strategic plan (Due June 2019)
    - Objective One: Describe the Problem
      - Review ICAN and other data (Feb meeting)
      - Learn about existing programs, initiatives and interventions (Jan-April)
      - System Mapping (Jan-March)
    - Objective Two:
      - Set measurable goals for Strategic Plan based on data
    - Objective Three:
      - Select and suggest interventions
      - Create logic model(s)

- Objective Four
  - Present to SPN (July meeting)

## **Presentation: LACOE, SPORT/TEAL/CDOL**

Dotti Ysais and the LACOE team presented on the SPORT and TEAL programs.

- TEAL, Technology Enhanced Arts Learning
  - Short Video on TEAL: <http://www.tealarts.org/>
  - Program is done in partnership with LADMH and Los Angeles County Arts Commission. Funding in part from County Board of Supervisors Productivity Investment Funds (PIF)
  - Provides high quality professional development focused on arts integration, social emotional learning and trauma-informed practices
  - Includes modules for a variety of art disciplines to be utilized in other subject areas
  - To date, more than 15,000 students have been reached through the program
    - Participation has been heavily focused on PBIS schools and Expanded Learning programs with biggest impacts being seen with Special Education and ESL students.
    - Content for after-school programs is in development
  - Next steps for TEAL:
    - Evaluation with support from LADMH
    - Updated modules (for teachers, specialized staff, and parents) with focus on recognizing emotional struggles of youth
    - Additional outreach to expand enrollment
- SPORT, Suicide Prevention Ongoing Resiliency Training
  - Short Video on SPORT-2: <http://preventsuicide.lacoe.edu/project/sport-two.html>
  - Programs centers around professional development and trainings to school staff and parents on suicide prevention
    - This is the second iteration of the SPORT program, known as SPORT-2 and is focused on adults who support youth in the K-12 grades
    - 3 curricula are offered for distinct target audiences: parents (60 min), school staff (60 min), and a 90-minute training for specialized staff/crisis teams which includes a section on assessment (MH professionals, school psychologists, etc).
    - Goals of the program include education of all adults in the youth support network on suicide prevention. Another goal of the program is to establish Suicide Prevention Teams within each district to support prevention, intervention, and postvention.
    - To date, trainings have included 140 individuals representing 60 of the 80 districts in Los Angeles County
    - Evaluations were collected, however the results have not been analyzed. Discussion among attendees expressed interest in exploring options for having data analyzed.

Open discussion:

- Following the presentations, the workgroup members participated in an open discussion about the goals and objectives of the workgroup.

- Members were in agreement about supporting the development of the youth/schools section of the county-wide strategic plan and the timeline.
- Discussion included other members to invite to participate in the group, as well as other groups that the workgroup will want to engage at least at an advisory level.
  - Recommendations for inclusion/outreach included: law enforcement, healthcare, Parks and Recreation, after-school programs, libraries, and other youth serving entities (i.e., YMCA, Boys and Girls Club)
- Higher Education was mentioned as a group that also should be considered for inclusion as part of the workgroup's efforts.

**Next Steps: Next Meeting February 4th, 11am-1pm**