

# SAVE THE DATE

## LOS ANGELES COUNTY SUICIDE PREVENTION NETWORK 9TH ANNUAL SUICIDE PREVENTION SUMMIT



**The Hero In Each of Us:**  
Finding Your Role in Supporting Veterans, Military and their Families

### Wednesday, September 25, 2019

8 a.m. to 3:30 p.m.

Registration and Light Breakfast begins at 7 a.m.

We ask that participants arrive prior to 8 a.m. to respect the performance of the National Anthem and Color Guard presentation.

#### **CEs/CEUs will be offered for event participants at the California Endowment**

(limited to 300). In addition, anyone can enjoy the program through web-based Live Stream offered by the California Endowment.

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California Endowment  
1000 Alameda St, Los Angeles, CA 90012  
Free parking

**Registration for In-Person  
and Live Stream Participation:  
[Register Here.](#)**

[LASuicidePreventionNetwork.org](http://LASuicidePreventionNetwork.org)

#### **Morning Program 8 a.m. to 11:30 a.m.**

**Welcome** by Carolyn Kaneko and James Zenner, Los Angeles County Department of Mental Health, and Steven Peck, U.S. Vets

#### **Performance of the National Anthem and a Color Guard Presentation**

#### **Understanding the Military and Veteran Culture**

David Weiner, Former Chief of Police, Long Beach Veteran Affairs and currently CEO of Secure Measures, LLC

#### **Suicide Prevention: The State of Today's Veterans**

Panel Moderator: Robert Stohr, Executive Director, U.S.VETS

Transitional Issues Facing Veterans Today

Nathan Graeser, MDiv, LCSW, DSW, Community Program Administrator, Center for Innovation and Research for Veteran and Military Families, USC School of Social Work

Suicide Risk Factors for Women Veterans

Tess Banko, Executive Director, Veteran Family Wellness Center

Supporting Homeless and Dishonorably Discharged Veterans

Eric Barrera, Community Health Worker, V.A.L.O.R.

#### **Afternoon Program 12:15 p.m. to 3:30 p.m.**

#### **Guns and Suicide: What Do We Know and What Can We Do?**

Michael Anestis, Ph.D., Associate Professor, School of Psychology, University of Southern Mississippi

#### **TAPS Postvention Model: Best Practice Strategies to Support Grieving Veterans**

Shauna Springer, Ph.D., Senior Director of Suicide Prevention and Postvention Initiatives, Tragedy Assistance Program for Survivors (TAPS)

#### **The Mayor's Challenge: A Call to Action**

Lisa Salazar, Policy Director, Workforce Development & Economic Opportunity, Office of Los Angeles Mayor Eric Garcetti

Sharon Birman, Psy.D., Clinical Psychologist, Department of Veteran Affairs

Sandri Kramer, Suicide Prevention Project Manager, Didi Hirsch Suicide Prevention Center

#### **Steps to Self Care**

Self-Care activities and tips are incorporated throughout the Summit. Participants are encouraged to incorporate a dose of self-care throughout the day and every day.

#### **Lunch, Resources and Self-Care**

Lunch catered from 11:30 a.m. to 12:15 p.m.

### Day 1 Program:

Recommended for Veteran and Military service providers, mental health professionals, and individuals representing health care, law enforcement and county, community, or faith-based agencies.