

# SAVE THE DATE

## LOS ANGELES COUNTY SUICIDE PREVENTION NETWORK 9TH ANNUAL SUICIDE PREVENTION SUMMIT



**The Hero In Each of Us:**  
Supporting Youth from Military Families and in Transition

### Thursday, September 26, 2019

8 a.m. to 3:30 p.m.

Registration and Light Breakfast begins at 7 a.m.

We ask that participants arrive prior to 8 a.m. to respect the performance of the National Anthem and Color Guard presentation.

#### **CEs/CEUs will be offered for event participants at the California Endowment**

(limited to 300). In addition, anyone can enjoy the program through web-based Live Stream offered by the California Endowment.

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California Endowment  
1000 Alameda St, Los Angeles, CA 90012  
Free parking

**Registration for In-Person  
and Live Stream Participation:  
[Register Here.](#)**

[LASuicidePreventionNetwork.org](http://LASuicidePreventionNetwork.org)

#### **Morning Program 8 a.m. to 11:30 a.m.**

**Welcome** by Dr. Curley Bonds, Chief Deputy Director, Clinical Operations, Los Angeles County Department of Mental Health

**Performance of the National Anthem and a Color Guard presentation**

#### **Keynote Presentation: Understanding and Supporting Military Connected Families: An Overview**

Raquel Derrick, Ph.D., Criminal Justice Policy Analyst, Office of Youth Justice, New York State Division of Criminal Justice Services

#### **Concurrent Workshops (1 hour)**

##### **GritX: Free Online Intervention to Increase Student Resiliency**

Marlon Morgan, Founder and Executive Director, Wellness Together School Mental Health

Jeremiah Aja, M.A., M.Div., APCC, Assistant Director, Education Services for Wellness Together, and Associate Professional Clinical Counselor

##### **The Neurobiology of Restorative Practices "A Right Brain Approach"**

Carlos Alvarez, Ed.D., Director of Student Discipline and Restorative Practices, Los Angeles Institute for Restorative Practices

##### **Military and Veteran Family Resilience: The Power of Stories**

Raquel Derrick, Ph.D., Criminal Justice Policy Analyst, Office of Youth Justice, New York State Division of Criminal Justice Services

Tom Babayan, Clinical Specialist Supervisor, UCLA Nathanson Family Resilience Center Team

#### **Afternoon Program 12:15 p.m. to 3:30 p.m.**

##### **The Social Roots of High School Suicide Clusters**

Dr. Seth Abrutyn, Associate Professor of Sociology, University of British Columbia

##### **Youth in Transition: What We Can Do to Strengthen Resilience**

A Panel of Youth and Young Adults

Panel Moderator: Andrew Bridge, Author

##### **The Hero in Each of Us: A Call to Action**

Tracie Andrews, MH Clinical Supervisor, Los Angeles County Department of Mental Health  
Stan Collins, Suicide Prevention Specialist, Each Mind Matters

#### **Lunch, Resources and Self-Care**

Lunch catered from 11:30 a.m. to 12:15 p.m.

#### **Steps to Self Care**

Self-Care activities and tips are incorporated throughout the Summit. Participants are encouraged to incorporate a dose of self-care throughout the day and every day.

### **Day 2 Program:**

Recommended for school districts, school-based providers, and educators (K-12).