

Afternoon Program

The Social Roots of High School Suicide Clusters

*Dr. Seth Abrutyn, Associate Professor of Sociology,
University of British Columbia*

Seth Abrutyn, Ph.D. is a tenured associate professor in the Department of Sociology at the University of British Columbia. He received his Ph.D. in 2009 from the University of California, Riverside. Trained as a sociological theorist, Abrutyn's research examines (1) the mechanisms that facilitate and constrain suicide diffusion and clustering, (2) the social roots of youth suicide, and (3) the socioemotional dimensions of suicide bereavement. His work has won numerous national awards from the American Sociological Association, including the prestigious Eliot Freidson award for



outstanding publication in Medical Sociology. His work can be read in American Sociological Review, Sociological Theory, Journal of Health and Social Behavior, and Social Science and Medicine, among other venues. For more information, visit his website: sethabrutyn.wordpress.com.

Youth in Transition: What We Can Do to Strengthen Resilience

*Panel Moderator: Andrew Bridge, Author
A Panel of Youth and Young Adults*

Andrew Bridge has led initiatives that have produced legislative, policy, and practice reforms at the local, state, and federal levels. He has established and directed organizations whose mission was to improve the safety, health, education, and well-being of children. As Senior Innovation Advisor to the Illinois Department of Children and Family Services, Bridge played a critical role in the reform of its statewide array of child welfare services, centering on restructuring the state's frontline interaction with high-risk children and families. Bridge began his professional life as a young lawyer in Wyatt v. Poundstone and R.C. v. Hornsby working with the State of Alabama to reduce its reliance on the institutionalization of children and to develop community-based alternatives for children and their families. Bridge attended Wesleyan University, graduated from Harvard Law School, and is a former Fulbright Scholar. Bridge also grew up in Los Angeles County's foster care system from age 7 to 18. His memoir, *Hope's Boy*, a New York Times and international bestseller, continues to be used in undergraduate child educational and behavioral curricula, and in graduate schools of education, social work, and public policy.



Afternoon Program

The Hero in Each of Us: A Call to Action

*Tracie Andrews, MH Clinical Supervisor, Los Angeles
Department of Mental Health*

Cheryl Karp Eskin, M.A., MFT, Program Director, Teen Line

Tracie Andrews is a Licensed Clinical Social Worker with the Los Angeles County Department of Mental Health. She received her Bachelor's Degree from Lewis-Clark State College and her Masters in Social



Work from Aurora University. Tracie has worked in a variety of settings and has extensive knowledge working with underserved children, adults, and families and disenfranchised communities. In her role as a Mental Health Clinical

Supervisor with the Prevention and Outcomes Division – Family and Community Partnerships Unit, Tracie is the lead for Anti-Stigma, Suicide Prevention, and Health Neighborhoods. She also currently serves as co-facilitator for the Los Angeles County Suicide Prevention Network (LASPN).

Cheryl Karp Eskin is the Program Director at Teen Line, a teen to teen hotline where teenagers can talk to a trained teen listener about anything they are struggling with. Cheryl started her mental health career at the age of 14 as a Teen Line listener. She received her Bachelor's Degree from University of California, San Diego and her Masters in Counseling Psychology from Northwestern University. She has been licensed as a Marriage and Family therapist (MFT) since 2003. Cheryl has worked with adolescents in a variety of settings, including nonpublic school, private practice, and community mental health. She currently serves as co-facilitator for the Los Angeles County Suicide Prevention Network (LASPN).



Get Involved!

Find Your Role in Suicide Prevention: Get Involved with the Los Angeles County Suicide Prevention Network

The Los Angeles County Suicide Prevention Network (LASPN) is a group of mental health professionals, advocates, survivors, providers, researchers, and representatives from various agencies and organizations working together to decrease the number of suicides in Los Angeles County. Our mission is to promote public and professional awareness, education, training, and engagement regarding suicide and suicide prevention, intervention, and postvention in Los Angeles County. Through the collaboration of the various members of The Network, the LASPN is working to leverage the talent and resources available locally to work towards comprehensive suicide prevention.

The Network and its members work each year to coordinate the Los Angeles County Suicide Prevention Summit, which occurs annually in September. Each event highlights different perspectives, best practices and populations to help attendees better understand the role they can play in suicide prevention. With this year's summit, our goal is to support professionals from across multiple sectors and community members from various backgrounds to come together with a common vision to reduce suicides in Los Angeles County.

To learn more about how to get involved, visit: LASuicidePreventionNetwork.org

If you are in crisis, please contact the National Suicide Prevention Lifeline (Didi Hirsch) 24/7: **1.800.273.TALK (8255)**

A big thank you to the LASPN Suicide Prevention Planning Workgroup and to the Los Angeles County Department of Mental Health for funding the event.



Funded by counties through the Mental Health Services Act (Prop 63).



LOS ANGELES COUNTY SUICIDE PREVENTION NETWORK

9th Annual Suicide Prevention Summit



The Hero in Each of Us: Supporting Youth from Military Families and in Transition

Thursday, September 26, 2019

The California Endowment – Yosemite Hall

1000 N. Alameda Street, Los Angeles, CA 90012



The Hero in Each of Us:

Supporting Youth from Military Families and in Transition

To effectively implement suicide prevention efforts in Los Angeles County, everyone in our communities needs to understand what role they can play. The goal of the 2019 Suicide Prevention Summit is to help individuals, educators, schools and organizations gain a better understanding of military culture and the challenges faced by youth from military families or by youth experiencing transitions as a result of foster care, homelessness or other life experiences.

To stay involved visit LASuicidePreventionNetwork.org

SCHEDULE

7 a.m. to 8 a.m. Registration and Light Breakfast

8 a.m. to 11:30 a.m. Morning Program

Welcome by Curley L. Bonds, M.D. Chief Medical Officer, Clinical Operations, and Carolyn Kaneko, Los Angeles County Department of Mental Health

Performance of the National Anthem and a Color Guard Presentation

Keynote Presentation: Understanding and Supporting Military Connected Families: An Overview
Raquel Derrick, Ph.D., New York State Fellow Alumna, Elizabeth Dole Foundation

Concurrent Workshops (1 hour)

GritX- FREE Online Intervention to Increase Student Resiliency

Marlon Morgan, M.A., LPCC, PPSC, Founder and Executive Director, Wellness Together School Mental Health

Jeremiah Aja, M.A., M.Div., APCC, Assistant Director, Education Services for Wellness Together, and Associate Professional Clinical Counselor

The Neurobiology of Restorative Practices "A Right Brain Approach"

Carlos Alvarez, Ed.D., Director of Student Discipline and Restorative Practices, Los Angeles Institute for Restorative Practices

Military and Veteran Family Resilience: The Power of Stories

Raquel Derrick, Ph.D., New York State Fellow Alumna, Elizabeth Dole Foundation

Tom Babayan, M.S., LMFT, Director of Veteran and Family Services, UCLA/VA Veteran Family Wellness Center

11:30 a.m. to 12:15 p.m. Lunch (provided) and Resource Tables

12:15 p.m. to 3:30 p.m. Afternoon Program

The Social Roots of High School Suicide Clusters

Seth Abrutyn, Ph.D., Associate Professor of Sociology, University of British Columbia

Youth in Transition: What We Can Do to Strengthen Resilience

Panel Moderator: Andrew Bridge, Author

A Panel of Youth and Young Adults

The Hero in Each of Us: A Call to Action

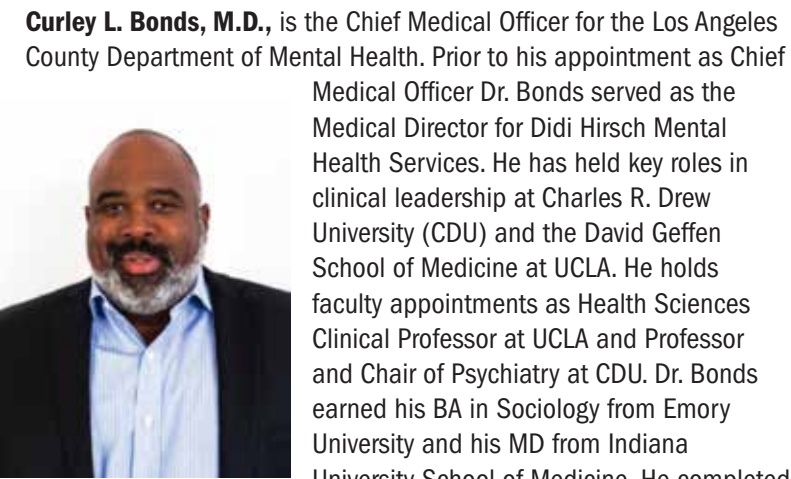
Tracie Andrews, MH Clinical Supervisor, Los Angeles County Department of Mental Health

Cheryl Karp Eskin, M.A., MFT, Program Director, Teen Line

Morning Program

Welcome by

Curley L. Bonds, M.D. Chief Medical Officer, Clinical Operations, and Carolyn Kaneko, Los Angeles County Department of Mental Health



Curley L. Bonds, M.D., is the Chief Medical Officer for the Los Angeles County Department of Mental Health. Prior to his appointment as Chief Medical Officer Dr. Bonds served as the Medical Director for Didi Hirsch Mental Health Services. He has held key roles in clinical leadership at Charles R. Drew University (CDU) and the David Geffen School of Medicine at UCLA. He holds faculty appointments as Health Sciences Clinical Professor at UCLA and Professor and Chair of Psychiatry at CDU. Dr. Bonds earned his BA in Sociology from Emory University and his MD from Indiana University School of Medicine. He completed

Carolyn Libao Kaneko is a Licensed Clinical Social Worker with the Los Angeles County Department of Mental Health. She has worked extensively with ethnically diverse and underserved children, adolescents and families as both a clinician and supervisor. In her current role as Program Manager with the Prevention and Outcomes Division – Family and Community Partnerships Unit, Carolyn is responsible for implementation, oversight, and management of Prevention and Early Intervention Programs for those 0 to 15 years of age with the goal of improved outcomes. Additionally, she is responsible for Anti-Stigma and Suicide Prevention for Los Angeles County and is a champion for Birth to Five Workforce Development.



Understanding and Supporting Military Connected Families: An Overview

Raquel Derrick, Ph.D., New York State Fellow Alumna, Elizabeth Dole Foundation

Raquel Derrick, Ph.D. is an alumna of the Elizabeth Dole Foundation Fellowship Program. In addition to her service to the foundation, Dr. Derrick has worked in the realm of military and veteran issues. She oversaw the Veteran Administration's (VA) Veteran Justice Programs Evaluation and served as a research associate at Substance Abuse Mental Health Services Administration's (SAMHSA) Service Members, Veterans and their Families (SMVF) Technical Assistance Center, where she was able to blend her professional research skills with her lived experience as an Army Reserve spouse, stepmom and veteran caregiver to her husband, an OIF veteran. In 2017, Dr. Derrick was selected for a Fellowship with the Elizabeth Dole Foundation focused on military and veteran caregivers, which has empowered her to locally and nationally advocate for the needs of these populations. She is particularly passionate about the challenges of Reserve component families and continues to build a portfolio of work in the military families and veteran caregiver sectors. Dr. Derrick received her Ph.D. in Criminal Justice from University at Albany and currently works as a Criminal Justice Policy Analyst for the State of New York. Over the last several years, she has been involved in examining ways to improve the experiences of youth and families intersecting with the juvenile justice and child welfare systems.



Thank you!

Elliott McKenzie for performance of the National Anthem and to the Marine Corps Color Guard from the 4th Marine Division.



Morning Program: Concurrent Workshops (1 hour)

GritX: Free Online Intervention to Increase Student Resiliency

Marlon Morgan, M.A., LPCC, PPSC, Founder and Executive Director, Wellness Together School Mental Health

Jeremiah Aja, M.A., M.Div., APCC, Assistant Director, Education Services for Wellness Together, and Associate Professional Clinical Counselor

Marlon Morgan is the Founder and Executive Director of the California-based nonprofit Wellness Together. He began his career as a school counselor and a Licensed Professional Clinical Counselor, creating and implementing student support programs to identify and provide services for target subgroups in an effort to close the achievement gap. He has received special recognition from the U.S. Congress, California State Senate, and the California State Assembly for his innovative work promoting mental health and wellness in education. In 2016, Marlon was appointed by California State Superintendent of Public Instruction (SSPI) as a member of the Student Mental Health Policy Workgroup to develop policy recommendations for the SSPI and the California Legislature. Marlon is also an adjunct faculty member at Brandman University in the Marriage and Family Therapy and Licensed Professional Clinical Counselor graduate studies program and is an honorary faculty member of the USC Suzanne Dworak-Peck School of Social Work.



Jeremiah Aja is the Assistant Director of Education Services for Wellness Together and a Registered Associate Professional Clinical Counselor. He has over 18 years of experience in working with youth and families. He holds a B.A. in Leadership from William Jessup University, a Master's degree from Asbury Theological Seminary, and an M.A. in Psychology from Brandman University.



The Neurobiology of Restorative Practices "A Right Brain Approach"

Carlos Alvarez, Ed.D., Director of Student Discipline and Restorative Practices, Los Angeles Institute for Restorative Practices

Carlos Alvarez, Ed.D. is founder of the Los Angeles Institute for Restorative Practices (LAIRP) and currently the Dean of students and restorative practices for a high-performing



charter organization. He is seeking to change our system by working with some of Los Angeles' high-risk populations and educating school administrators, law enforcement, and mental health paraprofessionals on right brain restorative practices. Carlos is working to transform a system of punishment and discipline into a system of healing and empowerment. The work he has done and continues to do is vital in healing the disconnected, disregarded, and systematic hopelessness at the root of the ongoing epidemic.

Military and Veteran Family Resilience: The Power of Stories

Raquel Derrick, Ph.D., New York State Fellow Alumna, Elizabeth Dole Foundation

Tom Babayan, M.S., LMFT, Director of Veteran and Family Services, UCLA/VA Veteran Family Wellness Center



Tom Babayan is a Marriage and Family Therapist at the UCLA Nathanson Family Resilience Center. He currently acts as the Director of Veteran and Family Services at the UCLA/VA Veteran Family Wellness Center. He has delivered services using the FOCUS model to active duty military families and veterans for over ten years. Mr. Babayan is active in the Welcome Back Veterans Program and TeleFOCUS, an innovative program that uses video conferencing technology to deliver services to wounded warriors and their families. He has served as a consultant and trainer for the National Intrepid Center of Excellence, Los Angeles Department of Mental Health, Los Angeles Unified School District and the National Military Family Foundation on a variety of projects aimed at building resiliency of military families and couples. Mr. Babayan specializes in helping military and veteran couples achieve greater satisfaction in their relationship by enhancing their resiliency skills.