



# **The Hero in Each of Us**

LASuicidePreventionNetwork.org

## Los Angeles County Suicide Prevention District Survey 2019

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# Survey Methodology

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An online survey was administered for Los Angeles County school districts to help identify areas of interest for trainings.

- ✓ This survey was intended to be completed by the district administrator coordinating suicide prevention efforts and/or the individual supporting implementation of AB 2246
- ✓ One survey response per district
- ✓ Originally, an incentive was offered with completion of the survey
- ✓ LACOE sent out the original survey via email
- ✓ Paper surveys were also distributed to districts at several AB 2246 trainings



# INTRODUCTION

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# District Participants

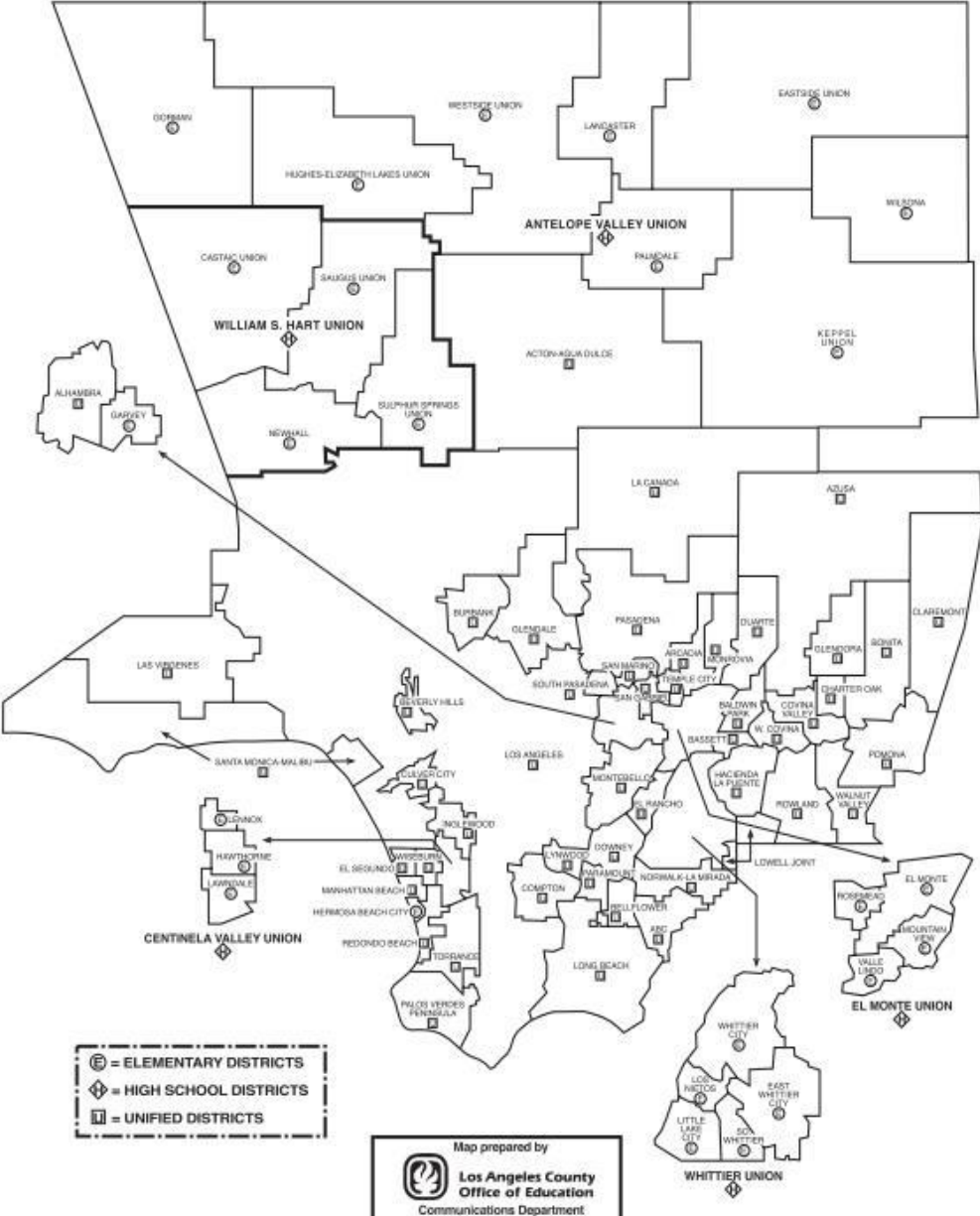
- 80 school districts in LA County
- 60 LA County school districts participated in the survey
  - 78% indicated being the lead responsible for coordinating suicide prevention efforts and/or AB 2246 implementation for their district
  - 22% indicated not being the lead responsible for coordinating suicide prevention efforts and/or AB 2246 implementation for their district
- 75% survey completion rate
- 60% survey completion rate by lead

ABC Unified School District  
Acton-Agua Dulce Unified School District  
Alhambra Unified School District  
Azusa Unified School District  
Baldwin Park USD  
Bassett Unified  
Bellflower USD  
Bonita Unified School District  
Burbank Unified School District  
Charter Oak USD  
Claremont Unified School District  
Compton Unified School District  
Covina-Valley Unified  
Culver City Unified School District  
East Whittier City School District  
Eastside Union School District  
El Monte City School District  
El Rancho Unified School District  
El Segundo Unified School District  
Garvey School District

Glendale Unified School District  
Gorman Unified  
Hacienda La Puente Unified School District  
Hawthorne School District  
Hughes Elizabeth Lakes Union School District  
Inglewood Unified School District  
Keppel Union School District  
La Habra City School District  
LACOE  
Lancaster School District  
Las Virgenes Unified  
Lawndale Elementary School District  
Lennox School District  
Little Lake City School District  
Long Beach USD  
Los Angeles Unified School District  
Manhattan Beach Unified  
Monrovia Unified School District  
Montebello Unified School District  
Mountain View School District

Newhall School District  
Palmdale School District  
Palos Verdes Peninsula Unified  
Paramount Unified School District  
Pomona Unified  
Redondo Beach Unified School District  
Rosemead School District  
San Gabriel Unified School District  
Santa Monica Malibu Unified School District  
Saugus Union School District  
South Pasadena Unified  
South Whittier School District  
Temple City USD  
Torrance Unified School District  
Walnut Valley Unified School District  
West Covina Unified School District  
Whittier City School District  
Whittier Union High School District  
Wilsona School District  
Wiseburn Unified School District

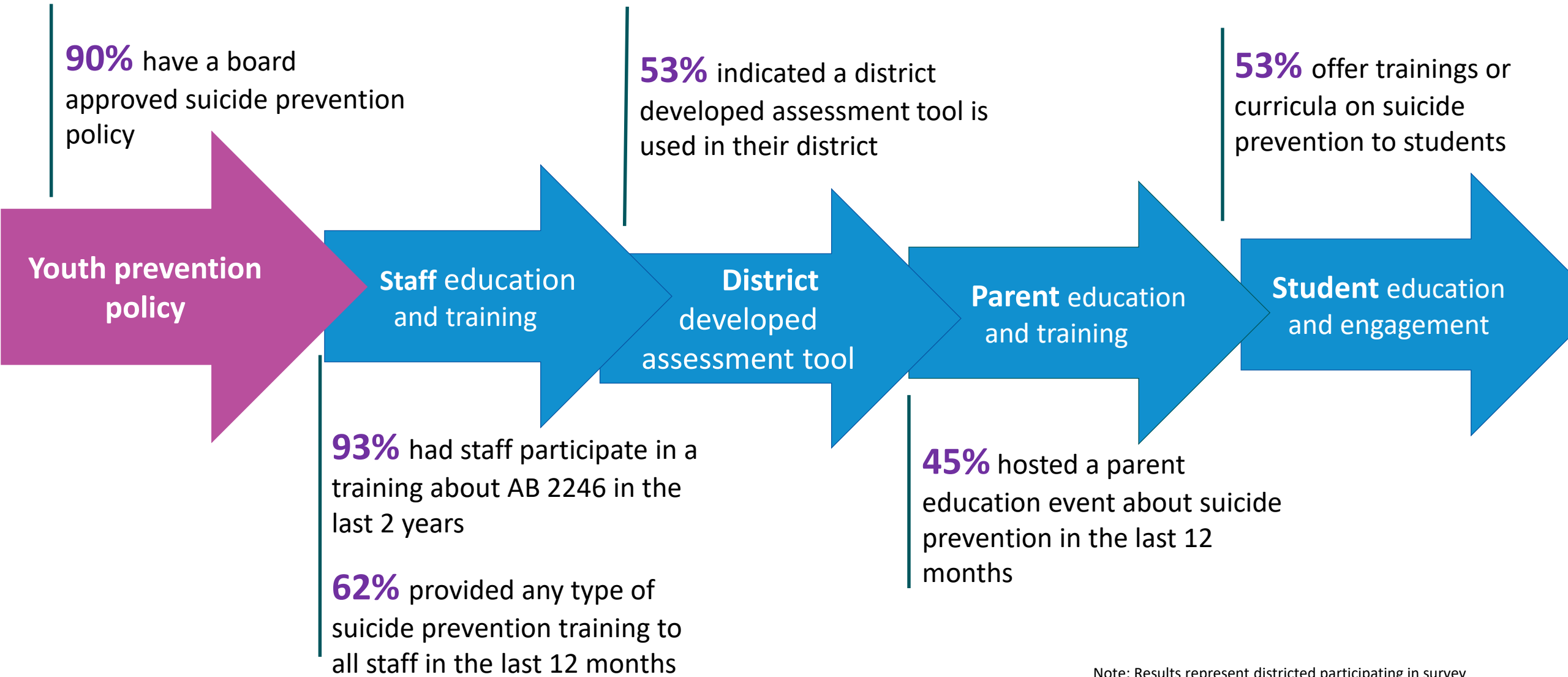
# ELEMENTARY, HIGH SCHOOL AND UNIFIED DISTRICTS LOS ANGELES COUNTY



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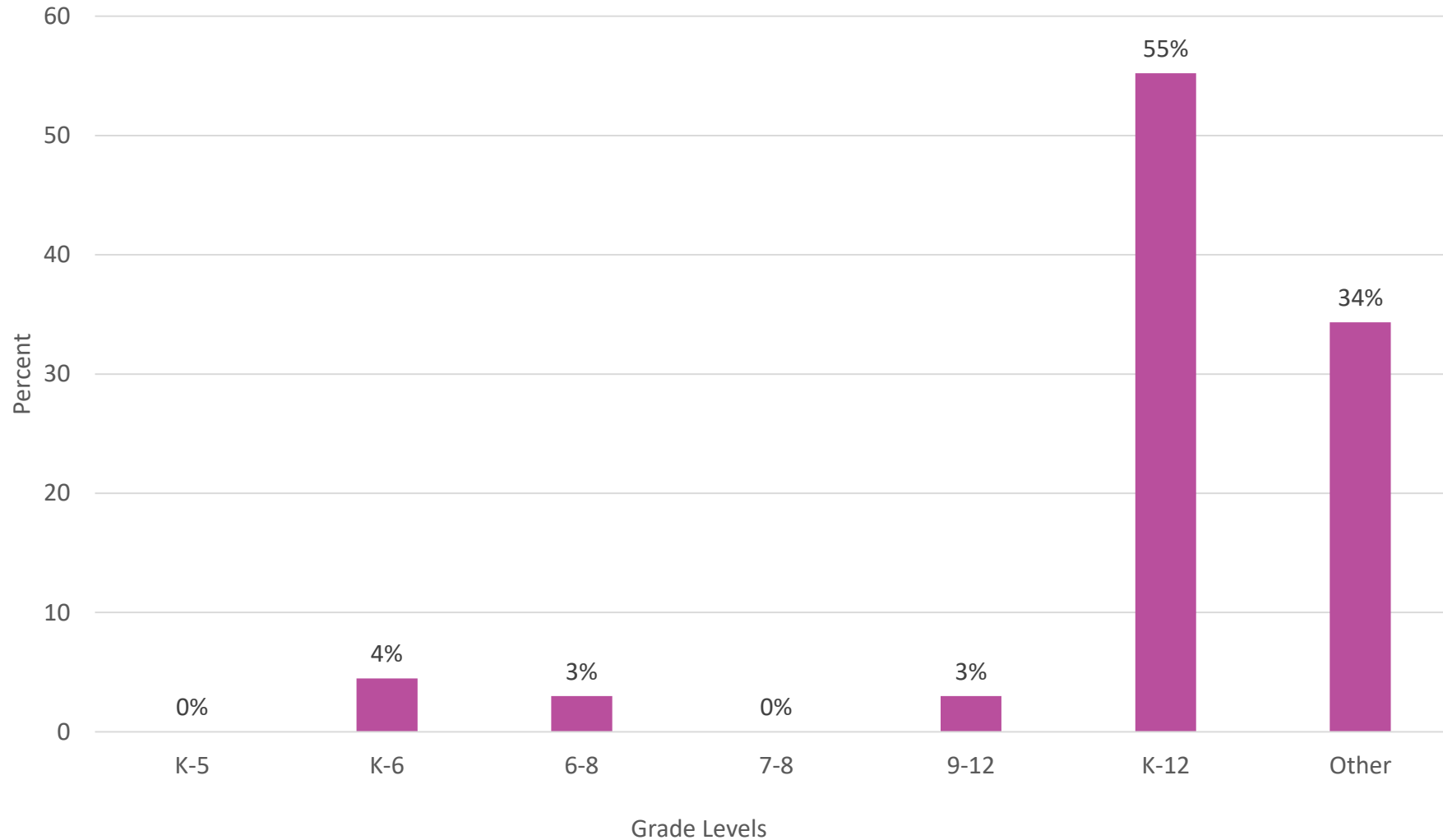
# Summary



Note: Results represent districted participating in survey

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## Please Indicate the Grade Levels your District Serves



Other responses include:

- K-8
- Adult school
- Early education
- PK-8
- TK-8
- Pre-school
- Adult transition
- 6-12
- Pre-K-12

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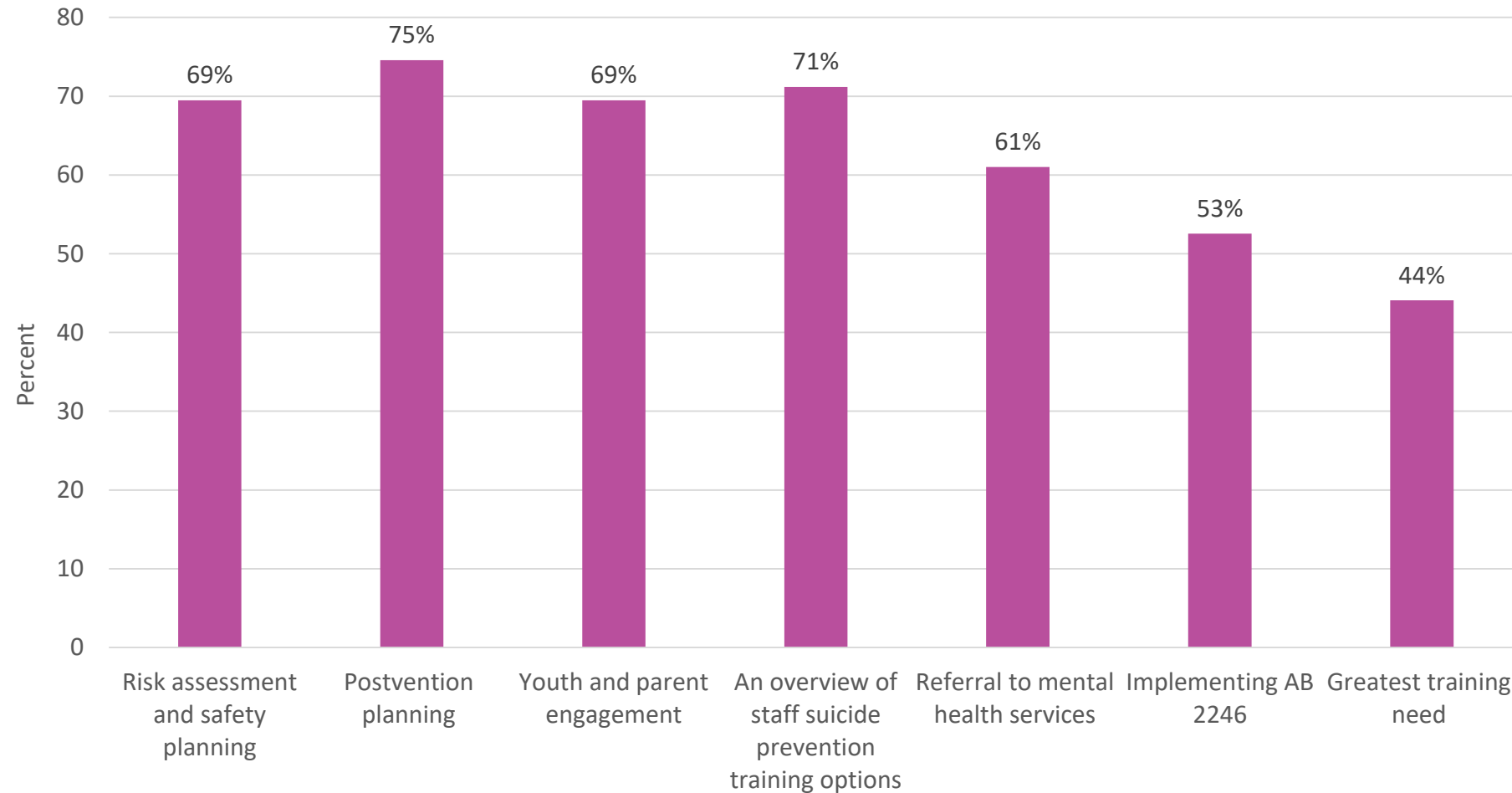


# POLICY AND TRAINING NEEDS



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## Are You Interested in Attending a Training on Any of the Following Topics?



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Training Topics

Note: Respondents were able to mark multiple responses

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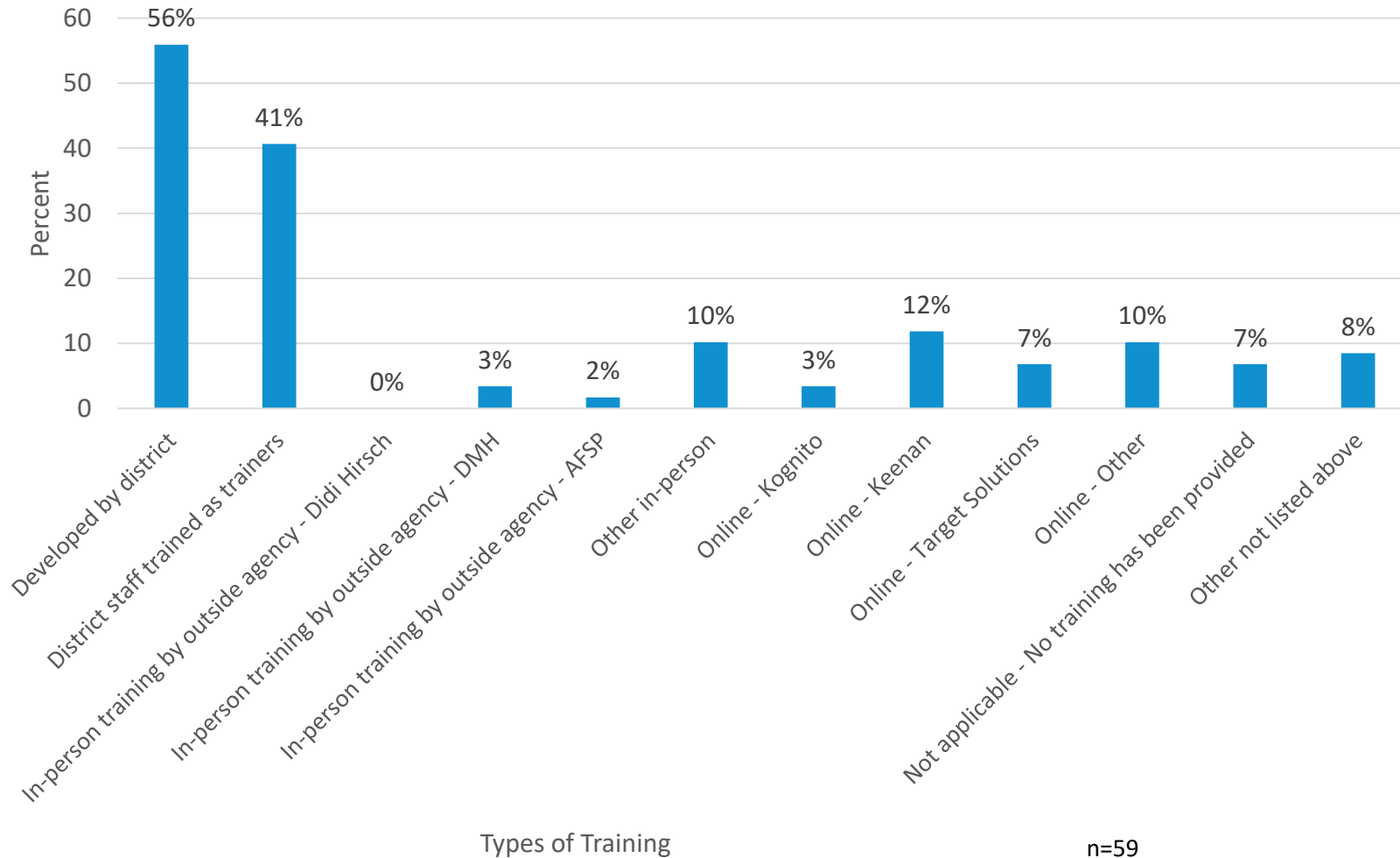
# Greatest Training Need Responses

Are you interested in attending a training on any of the following topics?

- All of the above for staff including teachers and administration
- Staff have had significant training on all of the above categories
- Staff options and parent engagement
- Developing threat assessment protocol for self-harm and for aggressive behavior
- Risk assessment
- Best practices with supporting students at risk or with history of suicide attempt – post hospitalization
- Ongoing training on trauma informed care and suicide prevention, intervention and postvention
- Continual training / refreshers for staff and students / parent awareness / mental health services and supports / postvention
- Collaboration with others: What works, lessons learned, current resources available to districts to support ongoing training
- Age appropriate conversations to the whole school or small group settings for student education
- Conducting threat assessments (homicidal, physical threats, etc.)
- Supports to meet the academic, behavioral, and social/emotional needs of our students
- Coordinated prevention, intervention, and postvention efforts among staff at comprehensive middle and high schools

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## Please Indicate Which Type of Training was Provided to All Staff



**Note:**

- All staff is defined as all district employees
- Respondents were able to mark multiple responses

**'Other' responses included:**

- ASCIP
- YMHFA training
- SELPA
- CAL-MHSA grant funded capacity
- Internal counselors
- LACOE SPORT training and best practices from NASP
- Mental Health First Aid

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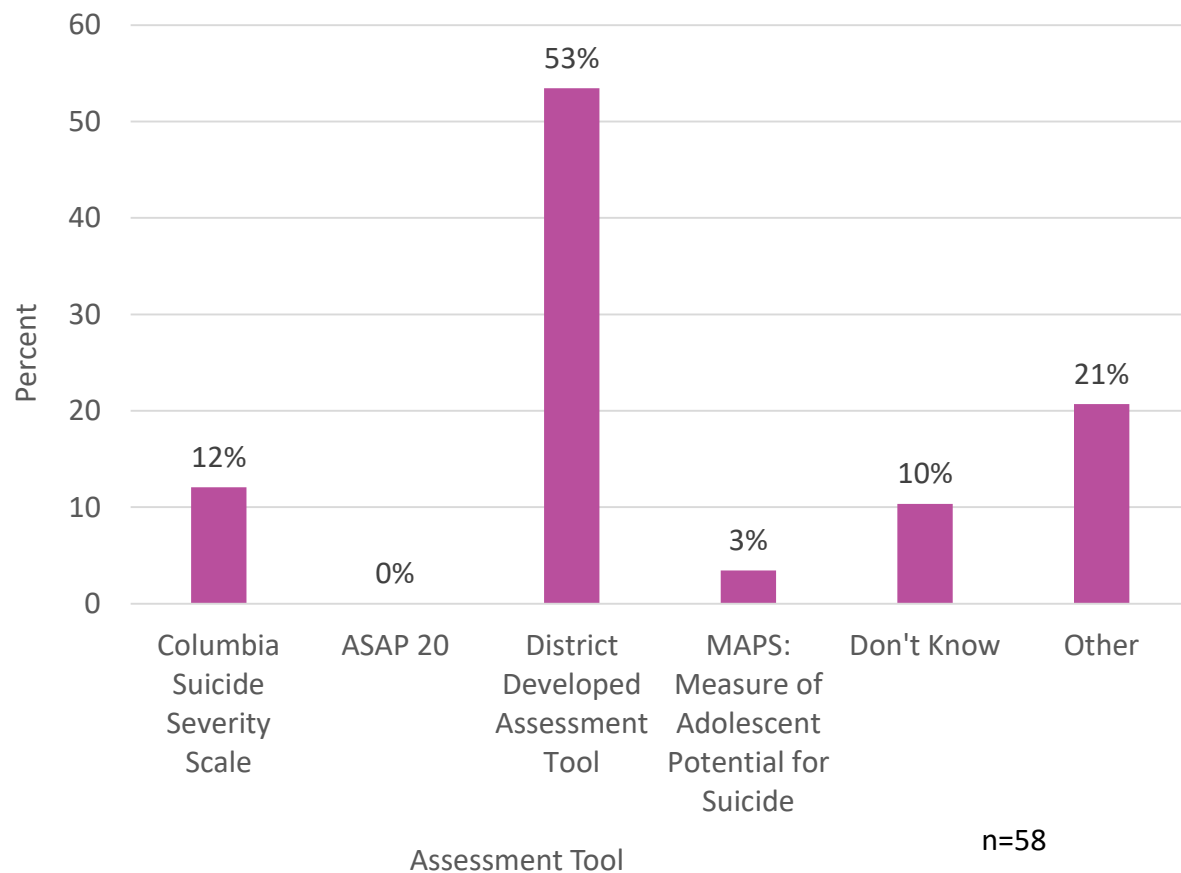


# INTERVENTION

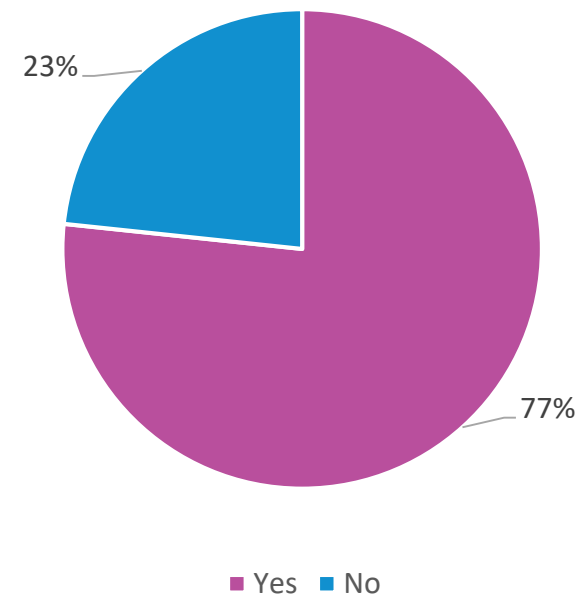
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# Additional District Questions

Please indicate which assessment tool is used in your district



Have you provided training to individuals identified to conduct suicide risk assessments?



Who on your campus is identified to conduct risk assessments?

- School psychologists
- School counselors
- District police
- Mental health counselors
- Administration
- Nurses
- Social workers
- Social/emotional learning specialists
- Program specialists
- Principals
- None

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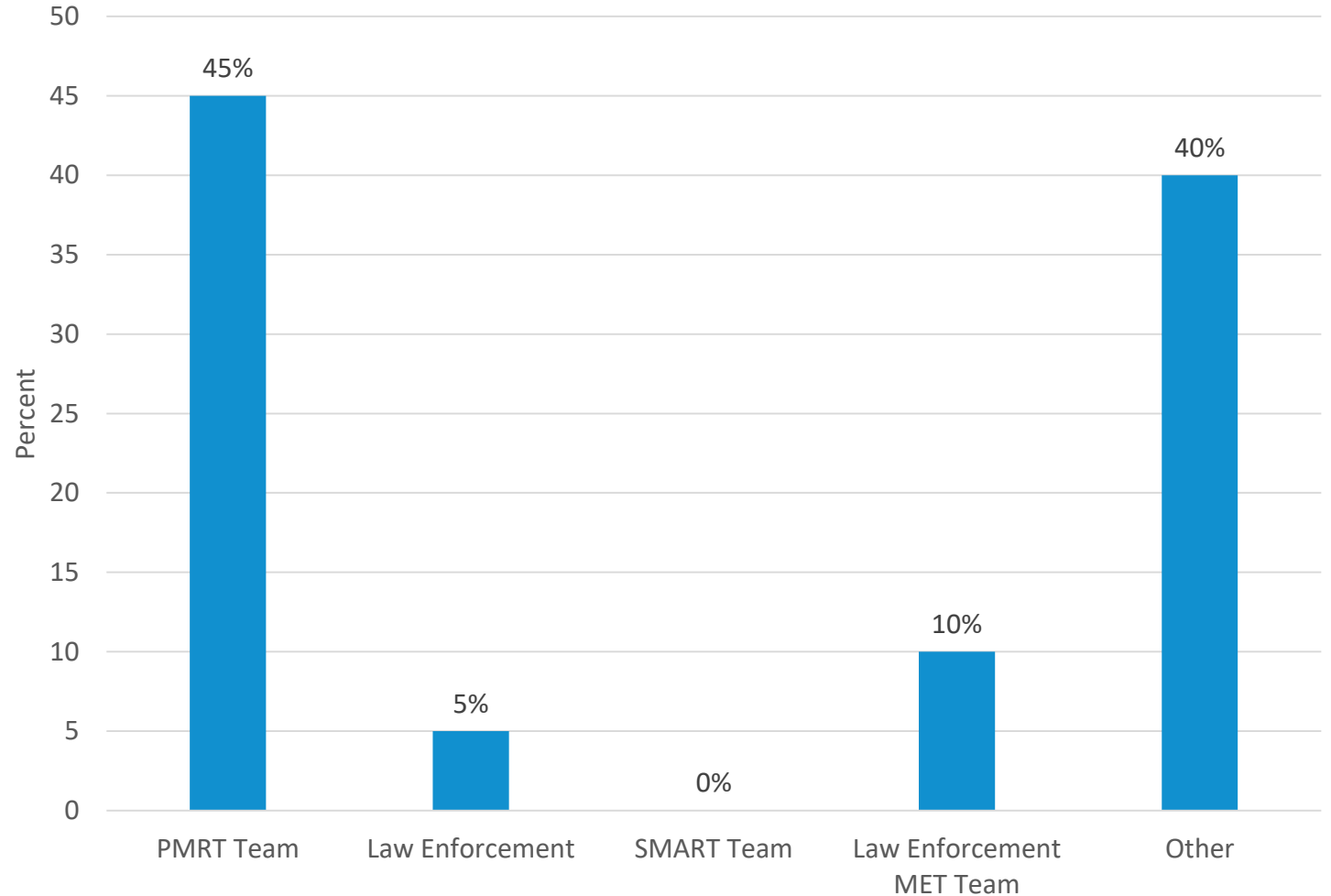


# REFERRAL

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# Additional District Questions

Who would you contact if a student is in need of further professional support including a referral for suicide risk assessment or 5585 (youth version of 5150)?



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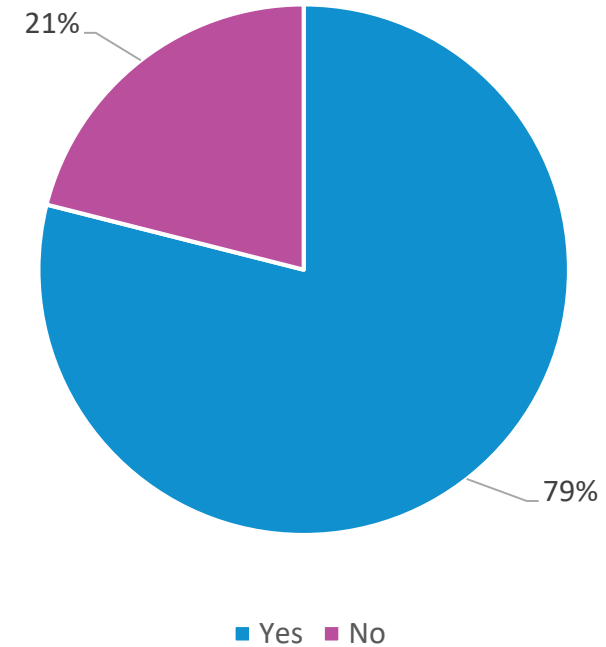


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# POSTVENTION

As part of your crisis intervention plan and/or School Safety Plan, do you have a section addressing suicide prevention?

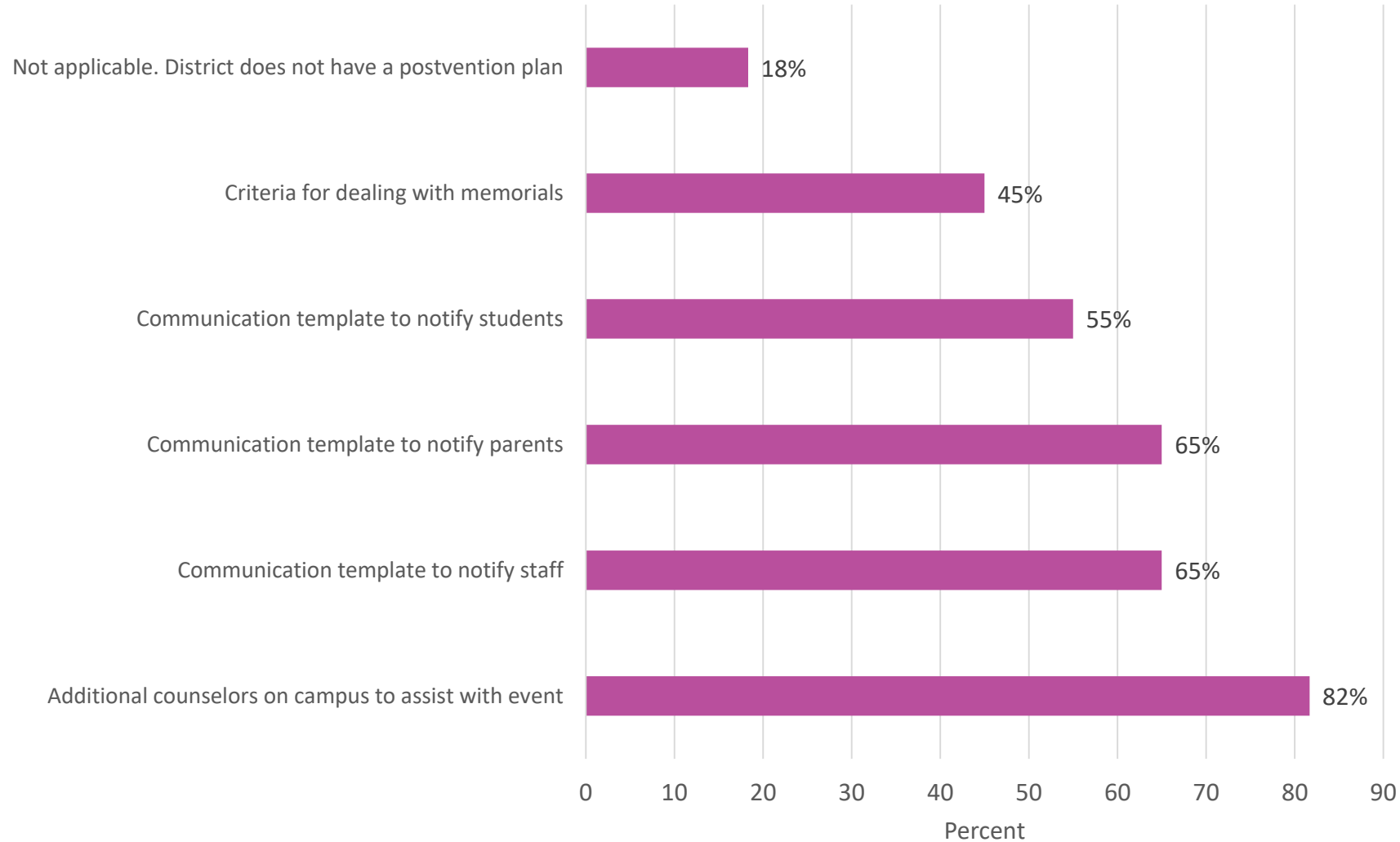


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# Additional District Questions

Please indicate the components of your district's postvention plan (after a death by suicide)



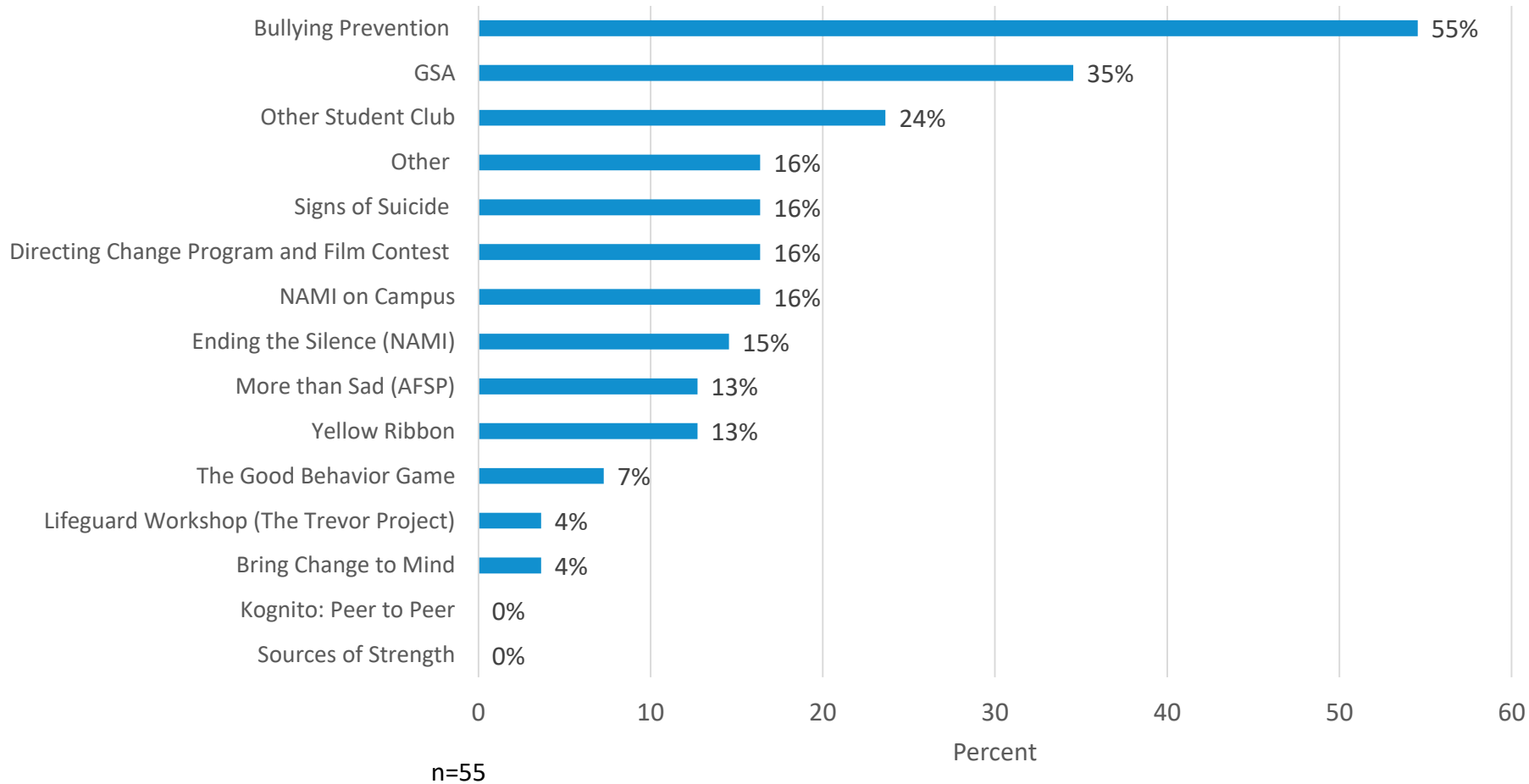
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Note: Respondents were able to mark multiple responses

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# Additional District Questions

What programs or campaigns are occurring in your district's schools to engage youth on topics related to bullying, suicide prevention, mental health, and other topics?



'Other' responses included:

- Mental health awareness month activities
- DiDi Hirsch presentations
- Olweus anti-bullying program
- RULER
- Student Wellness Club
- Erika's Lighthouse
- PBIS
- TeenLine
- Second Step
- Restorative Practices
- Walk in our Shoes
- Shred Hate/Choose Kindness-Nobully
- Mindfulness
- Sandy Hook Promise Know the Signs

Note: Respondents were able to mark multiple responses

Please provide any comments or additional suggestions below

- Our Board Policy includes annual staff and parent trainings, Early Childhood Education, K-12, to Adult Education, Youth education, and Advanced Crisis Response Team trainings for all school sites and district office.
- We're at the beginning phase of implementing by investigating programs.
- Although we are making efforts, we need to provide more training to faculty / staff. However we are in a budget deficit and limited funding for substitutes or extra duty.
- Our biggest challenge has been identifying our SRA and providing training. Without that, we have not set specific teams at each site.
- Ongoing training and support is essential.
- We are in the process of creating / implementing programs / campaigns to address bullying, suicide prevention, mental health, and other related topics that are at all grade levels.
- I feel like my District was an early implementator of AB2246. We have room for improvement, but we do not need foundational assistance.
- Provide this training as an Administrator/District Level Training if you haven't already done so. In my district there are plenty of counselors who have begged for more programming on AB2246 but unless District-Level people understand the need, they will continue to ignore us. After attending AB2246 training last year by Richard Lieberman at LACOE, I brought the info back to district level administration and was told that I needed to "tone it down" about the need for addressing suicide and that my discussion was "the sky is falling" and needed to be less crisis-like! District has no idea how many risk assessments are conducted on a DAILY basis!
- As a district, we provide a lot of social/emotional supports to our students. We use Mind Up in our elementary schools and Second Step plus Safety Net in our middle schools. Our high school hosted a Mental Health Awareness Week and is implementing Say Something and Start With Hello. We are looking to use Signs of Suicide as our screening tool in 2019-2020. All of our school have counselors and psychologists. Plus, we have strong partnerships with Beach Cities Health District, Care Solace, and Freedom 4U.
- Thank you for conducting this survey. It makes me realize, there is still a lot of work that needs to be done.
- After answering this survey I CLEARLY need help and Support. As new in this position, I am hoping someone can meet with me 1:1 on what I need to do to meet all these requirements. It is difficult to sift through all of the information and opportunities. I'm looking for assistance.
- Resources for districts who need students to be evaluated (5585 hold) are limited. LACOE directive years ago to not utilize private PET teams and use PMRT have left schools often waiting hours and hours for help with students in crisis. Recently our staff waited until 11pm with a student on campus who was ultimately placed on a hold.
- This is very important work and I would love to participate or partner with anything related to this topic. I have worked in K-12 school districts and as the former school psychologist and mental health liaison (Gen Ed to Residential Treatment) in a high school district, I am aware of the early intervention that is necessary to meet the needs of some of our students.



## The Hero In Each of Us

Survey Link:

<https://www.surveymonkey.com/r/27ZM5CT>

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