

# LAC Suicide Prevention Network



## YOUTH/SCHOOLS WORKGROUP

**Next Meeting: Monday, December 2nd, 2019 (11am – 1:00pm)**

**Location: LACOE, 12830 Columbia Way Downey, CA (ECW400)**

**For questions email [info@LASuicidepreventionnetwork.org](mailto:info@LASuicidepreventionnetwork.org)**

### **Meeting Notes: November 4, 2019**

#### **Attendees:**

- LA County Department of Mental Health – Prevention Services: Tracie Andrews, Carolyn Kaneko, Aden Michael
- LA County Department of Education: Jewel Forbes, Susan Chaides, Arlene Bates
- Other Attendees: Daisy Gomez, (UCLA - Center of Excellence), Christina Ramirez, Leslie Odd (Shields for Families), Patricia Saldana (LAUSD), Devin Saragosa-Harris (Directing Change), Antoinette Laiolo (Torrance USD), Stan Collins (Your Social Marketer)

#### **Presentation (45 min): Titania Jordan, Chief Marketing Officer, Bark**

- Impact of social media use on youth mental health
- Parent and school monitoring programs for emails, texts, social media, and school-issued devices
  - Monitoring focuses on self-harm, suicidal ideation, acts of violence, cyberbullying, sexting, online predators, etc.
- Goals:
  - Foster digital citizenship
  - Monitor, identify and intervene before catastrophe
- “Bark for Family” version: \$9 per family per month
  - Monitoring for over 25 social media platforms and apps
- Bark for Schools: FREE for schools
  - Monitoring system for school-issued devices
  - Web filter and monitoring services

- Also includes human monitoring for small percentage of posts that need higher level of analysis
- Discussion:
  - Discussed connection between suicide risk and victims of sexual predation.
- [www.bark.us](http://www.bark.us)
  - Social media:
    - @barktechnologies
    - @barktechco
  - Infographic: [bark.us/studies/2018-bark-annual-data.pdf](http://bark.us/studies/2018-bark-annual-data.pdf)
  - Contact: [titania@bark.us](mailto:titania@bark.us)

### Updates (60 min):

- Youth Suicide Prevention Workplan – Stan Collins
  - LASPN District Survey
  - An update was provided on the status of the county-wide district survey.
  - 75% of districts in Los Angeles County responded and completed survey
  - Based on survey feedback, schools identified specific interests and needs for support including responding after a suicide, risk assessment and safety planning, engaging students and parents, and training for staff as primary needs.
  - Discussion surrounded need to support schools in risk assessment and referral processes. The workgroup is in development of a “template risk assessment packet” to respond to this need.
  - *Slides attached*
- Risk Assessment Checklist – Tracie Andrews, Dr. Laurel Bear, Stan Collins
  - An update was provided on the status of the “template risk assessment packet” covering what items will be included and the review process for workgroup members to provide input.
  - Documents are intended to be in final draft form in late November or early December for final review from workgroup members. An email will be sent to all workgroup members with electronic versions of the items and instructions to provide feedback.
  - Items included in the template packet will include:
    - Checklist or documentation form (table of contents)
    - Suicide Risk Assessment Tool
    - Release of Information Form (from care to school)
    - Medical clearance
    - Safety Plan
    - Staff notification (handle w/ care)
    - Risk Assessment tracking tool
    - Parent notification form (documentation of/acknowledgement)
    - Additional items:

- One pager for school staff
- Parent information handout
- School transfer to new school/district
- Other Member Updates