LAC Suicide Prevention Network



Next Meeting: March 27, 2019 at the East Los Angeles Library

(4837 E 3rd St., Los Angeles, CA 90022)

For questions email info@LASuicidePreventionNetwork.org

Notes and Action Items from December 6th, 2019 Mtg

Discussion Question: News Years Resolution?

Members engaged in a discussion around accomplishments and goals for their organizations moving from 2019 to 2020 ("News Years Resolution"). Some of our collective thoughts included:

- Dr. Pines provided an update that the Chicago School of Psychology has "broken ground" on a new institute focused on adolescent suicide prevention.
- Pat DiLeva is pursuing a "mental wellness" center for her local school district for youth to have a safe place.
- Didi Hirsch Crisis Line is close to finalizing process for live-transfer from 911 dispatch with LAPD to Crisis Line for mental health calls
- Chief Breshears from LA County Fire provided an update on progress and higher utilization of support services.

Discussion Question: Debrief from Annual Summit

Members engaged in a discussion to debrief from annual summit.

Discussion and thoughts included:

• Positive feedback was provided on the youth panel, with members sharing personal impacts from the panel.

Workgroup Updates

Messaging, Media and Communications Workgroup:

- Activities included:
 - Press Conference to release "LASPN Report to the Community" which included County Supervisor Kathryn Barger, CA Secretary of State Alex Padilla and his wife (Exec. Dir of), Dr. Barbara Ferrer (Director, LADMH), Dr. Curley Bonds (Chief Medical Officer of Clinical Operations, LADMH), Lisa Salazar (Policy Director, Office of Los Angeles Mayor Eric Garcetti),
 - Launch of LASPN website
- A copy of the report can be found on the LASPN website: www.LASuicidePreventionNetwork.org.
- The website also features information about workgroups and other Network activities.

Summit Planning Workgroup:

- Annual summit was conducted in 2019 as a two-day event.
- Hand-outs and presentations can be downloaded here:
 <u>http://lasuicidepreventionnetwork.org/summit-2019-presentations-and-hand-outs/</u>

Data and Strategic Planning:

- Activities included:
 - Reviewed draft framework, goal and objectives with LASPN
 - Hosted three community stakeholder meetings and more scheduled in February
 - o Hosted a conversation about means restriction with Mike Anestis
 - Listening sessions with first responders

Youth and Schools:

- Activities included:
 - o Implemented and presented findings from school district survey
 - Working on risk assessment packet
 - Mapping of social emotional learning practices

To get involved in any workgroup, email info@LASuicidePreventionNetwork.org

SPN Member Presentation: Threat Assessment, Chief Weiner ()

Chief Weiner presented on "Mass Attacks in Public Spaces 2018" from the Secret Service National Threat Assessment Center (NTAC).

The presented covered various aspects of mass attacks and threat assessments:

- Similar themes were observed in the behaviors and circumstances of the perpetrators, most notably:
 - Nearly all had at least one significant stressor within the previous five years
 - Nearly all made threatening or concerning communications and more than three-quarters elicited concern from others prior to carrying out their attacks
- Report included data on site of attacks. Most common site was place of business.
- Of the 24 incidents that included firearms, at least 10 of the perpetrators possessed their weapon illegally at the time of the incident.
- Unfortunately, data related to prevented or averted incidents is not actively tracked or shared.

Report: Mass Attacks in Public Spaces 2018

Presentation by Nicole Perras, Data on Suicide Deaths and Attempts (LADPH)

Nicole presented on updates to data gathering systems:

• Regarding suicide attempts. ICD-10 codes were switched in 2015 so data for that year will be lost for attempts. Recommendations include separating data in sets prior to 2014, and then a separate set from 2016 on, not comparing the two sets of data as they were tracked using different data identification systems.