



LASPN Youth Workgroup Meeting Notes – May 4, 2020

Workplan Updates – Jana Sczersputowski

- Crisis Intervention (Goal 3) – Obj 3.1 – Risk assessment checklist is being rolled out statewide
- Prevention (Goal 1) – Obj 1.2 & 1.3 – List of recommended peer based programs/clubs narrowed down to 8 (evidence based or promising programs)

School Based Suicide Prevention Partnership – Santa Clara County

- Priority Goals: 1. Increase # of gatekeepers with training (Kognito, QPR) 2. Strengthening crisis response protocols
Lessons learned:
 1. Define implementation leads for training (at school level) and crisis response (district level)
 2. Buy in from teachers by emphasizing that well being and mental health go hand in hand
 3. Intervention: Get school board members' support for adoption of crisis intervention protocols; Districts can make the protocol theirs
 4. Prevention: Peer programs are crucial – teaches youth how to take care of one another as peers – largest benefit for those who have lived experience or been touched by tragedy
- Implementation:
 1. Present and use needs assessment data
 2. Use MTSS framework to align suicide prevention training & framework
 3. Use toolkit to create actionable steps; Focus initial work on Tiers 2 & 3
 4. MHSA fully funded Suicide Prevention Coordinator for County – additional cost share by districts for training (Kognito provided discounts) to encourage accountability/buy in
 5. County Department of Education leading the partnership and getting districts involved
 - a. Respond to each district's needs by using real time data (of students at all grade levels) & CA Healthy Kids data, which County Dept of Education has
 - b. Convene districts monthly on mental health & school safety at County Dept of Education – identify key stakeholders in each district
 - c. County Dept of Education is the convener and organizes the MOU, coordination of trainings & what this work looks like in broader health framework – How can we align suicide prevention with other health funding and health initiatives at districts, so not adding more, but aligning better (i.e. Smoking as a risk indicator for suicide – CDC EpiAid Report on Youth Suicide)
 - d. Consistent communication with districts by County Suicide Prevention Coordinator & County Dept of Educ – share success stories with newsletters, suicide prevention conference, etc.

- e. Support each other in grant writing – focused on high needs districts supporting overall health framework that includes suicide prevention

Member Updates:

- Nettie Laiolo – Torrance Unified School District – recent murder-suicide by a father and death of a local teacher – offering virtual counseling, but will consult with Dr. Bear, Tracie Andrews & Michelle Carlson on call with school administrators to determine additional supports for students and community
- Pip Keogh – DMH-UCLA Prevention Center of Excellence - Education through webinars online for frontline workers: “Coping with Covid-19” – www.wellbeing4la.org
- Christina Ramirez, Shields for Families – Conducting intakes on Zoom: South L.A., Long Beach, Compton, Paramount – Drug Treatment groups still meeting
- Stephanie Murray, Whittier Unified School District - Conducting check ins vs. telehealth – using a modified (shortened) risk assessment tool during this time of remote schooling