

### The Hero in Each of Us

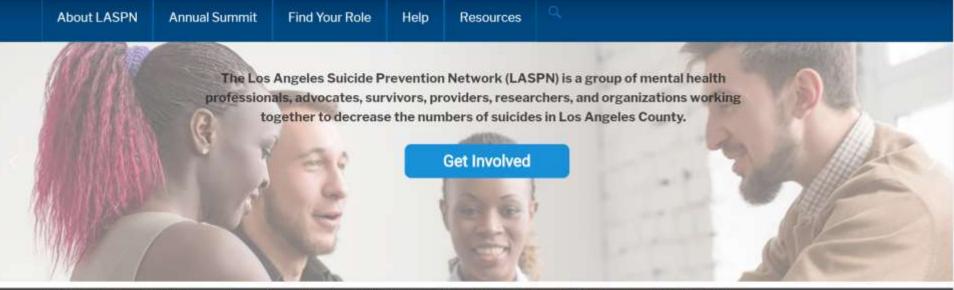
LASuicidePreventionNetwork.org

# Youth and Schools Workgroup Update March 2021

## **Los Angeles County Suicide Prevention Network**

The Los Angeles County Suicide Prevention Network (LASPN) is a group of mental health professionals, advocates, survivors, providers, researchers, and representatives from various agencies and organizations working together to decrease the numbers of suicides in Los Angeles County. Our mission is to promote public and professional awareness, education, training, and engagement regarding suicide and suicide prevention, intervention, and postvention in Los Angeles County. Through the collaboration of the various members of the Network, the LASPN is working to leverage the talent and resources available locally to work towards comprehensive suicide prevention.





Find Your Role in Suicide Prevention = Know the Signs | Get Trained | Participate in Events | Get Involved With LASPN

#### **Upcoming Events**

Youth Workgroup Meeting

November 4, 2019 11 a.m. to 1 p.m. CA Secretary of State Alex Padilla joined County Supervisor Kathryn Barger and Los Angeles Suicide County Suicide Prevention Network to Release 2019 Suicide Prevention Report to the Community

# www.LASuicidePrevention Network.org

**Connect with Us!** 

**Annual Summit** out LASPN

Find Your Role

Help

Resources

About LASPN Members Workgroups **Upcoming Events** 

### Youth and Schools Workgroup

The focus of this workgroup is to inform strategic planning for youth suicide prevention efforts as well as to strengthen collaboration across systems and organizations serving youth and schools in Los Angeles County. Meets first Monday of the month from 11am to 1pm.

#### **Upcoming Events**

Youth Workgroup Meeting

January 6, 2020 11 a.m. to 1 p.m. Location: LACOE 12830 Columbia Way Downey, CA

Email info@LASuicidePreventionNetwork.org to RSVP

#### **Previous Meeting Minutes**

February 3, 2020

December 2, 2019



#### Find Your Role in Suicide Prevention

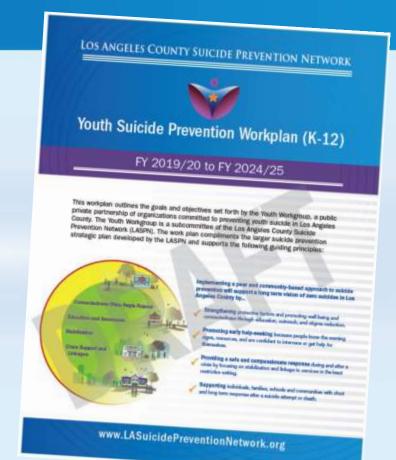
- Join a LASPN workgroup

- Join a local suicide prevention walk

www.LASuicidePreventionNetwork.org

# Workplan 2020-2025

- Final 5-year workplan- copy mailed out
- Started several implementation workgroups
  - Peer-based clubs, programs and wellness centers (Youth Council, Michelle, Devin)
  - Programs (Michelle, Jana)
  - SEL (Dotti, Arlene)
  - Suicide prevention policies, practices and trainings(Jewel, Susan, Tracie, Jana, Stan, Dr. Bear)
  - FISP (now ACUTE)- Dr. Bear





## **Program Implementation Workgroup**

Workgroup Leads: Michelle and Jana

Objective 1.1. By the end of the 2024/2025 school year, a minimum of 25% of schools have a peer-based club, program, wellness center, or are actively promoting Teen Line on campus.

Objective 1.2. By the end of the 2024/2025 school year, a minimum of 25% of schools implement at least one effective program or strategy intended to reduce risk and strengthen protective factors suitable to meet the needs of their student body.



## **Program Implementation Workgroup**

- Finalized program selection
- Once finalized will send out list to districts and schools
- Working on scheduling a virtual roundtable to introduce programs to districts and schools

Looking for 2 to 3 volunteers representing districts or schools to review draft letter and list of schools!

- ✓ Evidence-base
- ✓ Risk and protective factors the program addresses
- ✓ Culturally a fit for LA County
- ✓ Cost and Sustainability
- ✓ Virtual application