

Pre-Conference

September 9, 2021



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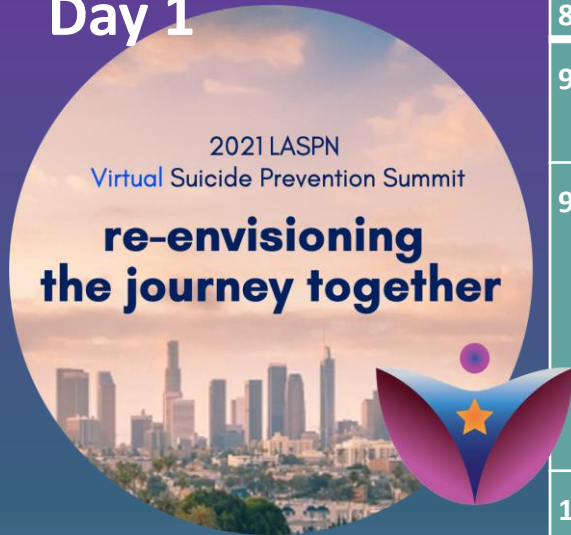
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9:30 – 9:45	Welcoming
9:45 – 11:15	<p>Loss Survivors – Recovery from Loss: Picking Yourself Back Up After a Suicide Loss Panel Moderator: Robert Stohr Panelists: Tess Banko, Susan Auerbach, and Rick Mogil</p> <p>This Panel will discuss how to navigate the impact of trauma and grief when someone you care about dies by suicide. Our panelists will share their unique perspectives on how they have coped with their own personal losses.</p>
11:30 – 1:00	<p>Understanding and Working with Survivors of Suicide Loss Dr. Nina Gutin</p> <p>Dr. Gutin will address the unique aspects of grief following the suicide loss of a loved one, and will provide guidelines for effective treatment for those loss survivors who seek clinical support.</p>
1:30 – 3:00	<p>Attempt Survivors: Surviving to Thriving Panel Moderator: Shelby Rowe Panelists: Joey Bloomfield, Leslie Kolb, Ann Taylor, and David Woodbury</p> <p>The healing journey after a suicide attempt is unique to every individual. Which paths might be the right ones and how can we support survivors as they navigate them? Our panelists share insights and experiences from their own journey forward.</p>
3:15 – 4:45	<p>Creative Rituals for Processing Loss & Celebrating Life Dr. Charné Furcron and Jennie Linthorst UCLArts & Healing</p> <p>Issues of loss, grief, and survival are among the most difficult to experience, discuss, and process in treatment. The creative arts can provide a powerful way to express our feelings while honoring the sacredness of life—especially when words elude us. This interactive, online session offers ways to honor our experience, give voice to our feelings, and find resilience in community through movement and writing. The techniques in this workshop can be used with individuals or groups in a variety of settings.</p>
4:45 – 5:00	Closing

Conference

Day 1

September 14, 2021



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8:30 - 9:00	Welcoming and Award Recipients
9:00 - 9:15	Moment of Creative Wellbeing Versa Style, with Arts for Healing & Justice Network
9:15 - 10:45	KEYNOTE – Unstoppable Resilience: The Keys to Staying Strong During Any Challenge Shola Richards The Unstoppable Resilience™ keynote provides the audience with highly practical strategies to build unshakable strength within themselves and their teams. This is a uniquely difficult time for leaders and staff in workplaces everywhere, which has had a significant impact on overall resilience and mental health. This workshop will discuss how COVID-19 has affected homes, schools, jobs, and the nation.
11:00 - 12:00	Meeting the Suicidal Client Gitti Maas This unique and experiential presentation, interlaced with short periods of mindfulness meditation and reflection, supports participants to explore potential obstacles for working with suicidal clients, and additionally points towards a new pathway for this work.
12:30 - 1:45	Back to School Blues Panel Moderator: Daphne Quick-Abdullah Panelists: Dr. Laurel Bear, Cheryl Eskin, Jewel Forbes, and Dr. Daisy Gomez Transitioning back into school settings is challenging on many levels. How we manage those transitions is important. This panel of experts will share best practices, strategies, and resources to address school policies, expectations, and social emotional concerns. We will discuss how to effectively support administrators, teachers, parents, and students to promote positive outcomes for our children, families, and communities.

Conference

Day 1 continued



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September 14, 2021

1:45 - 2:00	Moment of Creative Wellbeing Street Poets , with Arts for Healing & Justice Network
2:00 - 3:30	Assessment and Intervention of Suicidality: Special Considerations for Individuals with Intellectual Disability (IDD) and Autism Dr. Darlene Sweetland, Dr. Karen Weigle, and Celeste Meza San Diego START Team This workshop addresses the complicating factors of assessment and intervention of suicidality for people with intellectual disabilities and autism. The vulnerabilities of people who die by suicide or express suicidal behaviors are even more pronounced for individuals with IDD.
3:45 – 5:00	Suicide Prevention in Pregnant and Postpartum Persons Dr. Emily Dossett, Gabrielle Kaufman, and Dr. Verónica Chávez This workshop provides valuable information on prevalence rates, risk factors, and signs and systems of Peripartum Mood and Anxiety Disorders (PMADs) and suicide. Participants will learn to identify and differentiate between the most common PMADs, strategies to appropriately assess for suicidal and homicidal ideation, and what pitfalls to avoid in this sensitive conversation. Participants will also learn about appropriate resources for pregnant and postpartum persons experiencing PMADs.
5:00-5:05	Closing



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Conference

Day 2

September 15, 2021



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8:30 - 9:00	Welcoming
9:00 -9:15	Moment of Creative Wellbeing The Unusual Suspects, with Arts for Healing & Justice Network
9:15-10:15	Keynote – Suicide in Marginalized Communities: It's More than Mental Health Dr. Rheeda Walker Suicide vulnerability is often overlooked in marginalized communities. Participants will learn risk and protective factors associated with suicide crisis. These factors include mental health stigma and important sociocultural phenomena that are unique to marginalized communities.
10:30 - 11:30	Cultural Humility and Different Perspectives Dr. Eraka Bath This workshop walks through examining the cultural perspectives that are beneficial to acknowledge and understand as they relate to suicide assessment and prevention in individuals of different race and ethnic backgrounds.
11:30 – 1:00	Advocating for Asian American Mental Health in the Midst of COVID19 and Anti-Asian Racism Panel Moderator: Dr. Sherry Wang Panelists: Aimee Cuellar, Dr. Rebecca Gitlin, Dr. Derrick Hsieh, and Franklin Romero This panel addresses the context and consequences of anti-Asian racism in the COVID19 pandemic to highlight the mental health needs of Asian Americans. The presenter will identify the risk factors that can contribute to Asian American suicide and will address the racial dynamics of 2020-2021 to highlight the importance of cross-racial solidarity and coalitions during a time of twin pandemics: COVID19 and racial injustice. The panelists will share cross-racial healing dialogues, standing in solidarity across cultures.



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Day 2

continued

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1:30-2:30	<p>From 9-1-1 to Call Diversion to 9-8-8: The Future of Crisis Response Captain Brian Bixler, Sandri Kramer, and Lyn Morris LAPD/Didi Hirsch</p> <p>It took 15 years of patience and persistence for the LAPD and Didi Hirsch's Suicide Prevention Center to bring about 9-1-1 call diversion: Connecting 9-1-1 callers in suicidal or mental health crisis to the crisis line for support and de-escalation, rather than sending an automatic law enforcement response. Now the country is at T minus 10 seconds (months) from 9-8-8 implementation: Are we ready?</p>
2:45-3:45	<p>An Understanding of the Spirit Nicole Rojas</p> <p>This workshop explores the unspoken truth of trauma and suicide within indigenous populations. It will also provide a local and in-depth view of what our native neighbors are experiencing in their communities.</p>
3:45-5:00	<p>Healing-informed Arts Approach to Suicide Prevention Fabian Debora Homeboy Art Academy/Arts for Healing & Justice Network</p> <p>This experiential workshop uses personal storytelling and healing-informed arts activities to create a space of acceptance and support. The presenter draws upon his lived experience as a multi-disciplinary artist, former East L.A. gang member, suicide attempt survivor, counselor for chemical dependency and substance abuse, parent, and youth mentor to lead strength-based whole person healing approaches through the arts. He will share accessible and culturally responsive arts-based interventions to raise awareness of protective factors, and help individuals explore and express emotions and feelings, especially through non-verbal outlets of creative expression.</p>
5:00-5:05	Closing

Post- Conference



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September 17, 2021

9:15-9:30	Welcoming
9:30 – 9:45	Moment of Creative Wellbeing The Actors’ Gang, with Arts for Healing & Justice Network
9:45 – 11:15	Suicide Prevention: A Racial Justice Issue Janel Cubbage Racism has long been ignored as a critical contributing factor to suicidal ideation, attempts, and deaths. Interpersonal racism can be postulated as a risk factor for suicide through the framework of Joiner’s Interpersonal Theory of Suicide. Critiques of the suicidology field and future directions will be shared to broaden the lens of our understanding of suicide and its prevention in the context of racism.
11:15 – 11:30	Moment of Creative Wellbeing Rhythm Arts Alliance, with Arts for Healing & Justice Network
11:40 – 1:10	Interaction of Acculturation and Language Competency as Tools for Suicide Prevention among Latinx in the United States Lidia Gamulin Community, institutional and clinically effective suicide prevention efforts need to be responsive to groups’ cultural and linguistic needs and preferences. Clinical considerations regarding acculturation, acculturation stress and language in the Latinx population living in the US will be included in this workshop.
1:10	Closing



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Post- Conference



September 24, 2021

9:15-9:30	Welcoming
9:30 – 11:00	Filling the Gap: Implementing Support for Suicide Caregivers Johanna Louie Johanna Louie introduces a first of its kind support program derived from research in caregiver family therapy, suicide bereavement support and peer programs. The role of the suicide caregiver can be formal such as a therapist or crisis worker or informal such as a family, friend, loved one. Tools for implementation in both community and individual settings will be demonstrated to showcase a standard of standard of practice for supporting suicide caregivers.
11:15 – 12:45	The Healing Power of Music as a Suicide Prevention Intervention Arvis Jones Arvis Jones discuss how to use music therapy (MT) to alleviate the effects of depression, hopelessness, grief, loss and symptoms of various mental illness that have been linked to suicidal feelings. Research shows parallels between non-musical functioning and music assisted tasks, which provide a scientific rationale for the use of music in therapy.
12:45-1:00	Closing

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